

**UNLEASH THE
VOCATIONAL SERVICE &
IN SAVING**

**300,000 Mothers &
3 MILLION BABIES
DIE EVERY YEAR
> 90% ARE
PREVENTABLE**

**POWER OF
ROTARIAN PARTNERSHIPS
MOTHERS AND BABIES**



PHASE 1 - CALMED PROGRAMME - PILOTED 2013-17
Calmed Vocational Training Team(VTT) - An Innovative low cost, high impact partnership model
 6 VTTs
 15 Senior Doctors
 39 Master Trainers
 200 + Trained Professionals
 300+ Trained Health Activists

PHASE 2 - CALMED PROGRAMME LEGACY -2017-
 1. Programme Manuals & Good Practice Guide- Evidence based & incorporating Digital Technology
 2. A network of Doctors & Midwives/Nurses available for action as volunteers
 3. Established Partnership for Women Centred Care - Action Groups, Fellowships, Governments,NGOs
www.calmedrotary.org

Validated improvement of knowledge, skills and behavior in Trainers & Trainees -Progressive fall in maternal mortality

Rotarian Action Group(Alliance) for Saving Mothers & Babies
 1. You can act now - Identify Rotarians & Communities in need- form local partnerships (alliances) for programme implementation
 2. Seek assistance for Global Grant VTT - the Action Group(Alliance) will provide resources for
 a. Matching Partners in Global Grants
 b. Guidance with Global Grant application
 c. Training Manuals and other resources
 d. Doctors, Midwives /Nurses for VTT
 3. Join Rotarian Action Group/Alliance for action together -Save Mothers and Babies
www.calmedrotary.org

ROTARIAN ACTION GROUP (Alliance) FOR SAVING MOTHERS AND BABIES (PROVISIONAL)

Together, we see a world
where people unite and
take action to create lasting
change - across the globe, in
our communities, and in ourselves.



Who should join the Alliance? *Rotarians, Rotaractors, non-Rotarians, Doctors, Midwives, Nurses, Administrators, Public Health personnel, Health Activists and those with interest in contributing to strategies for reduction of avoidable maternal and child deaths....* are all welcome as members of the Provisional Rotarian Action Group (Alliance)– a turning point in the evolution of the Calmed programme.

You do not have to be a Rotarian to join. You are not alone !

STOP MOTHERS DYING!

ROTARIAN ACTION GROUP (ALLIANCE) FOR SAVING MOTHERS AND BABIES – Accompanying Notes

1. **Calmed (Collaborative Action in Lowering of Maternity Encountered Deaths)** is the starting point. It is
 - a strategic protocol, for reducing preventable maternal and child mortality
 - based on training the trainers model for maximum impact
 - composed of innovative, evidence-based components
 - a validated template of action, adaptable to the local needs
 - a programme with a woman centred approach
 - designed to empower professional groups, communities through in-situ simulation training
 - aimed at prioritising help to mothers and babies
 - focused on universal health coverage
 - recognised with two prestigious awards for innovation and successful outcome
 2. **Rotarian Action Group (Alliance) for saving mothers and babies** aims to assist Rotarians with no specialized knowledge or no previous experience of similar projects to engage in projects with Calmed template of training and related activities for lowering preventable maternal and new-born deaths. Vocational expertise and partnerships are key pillars of strength.
 3. **Purpose of Vocational Training** – to increase knowledge, enhance skills including in-situ (in hospital) skills training and introduce important behavioural changes (team working, respect, priority for mother/baby centred care, experiential learning) among all individuals who care for women and children in the communities.
- Vocational Training Team (VTT) is based on the principles of in-situ simulation training adapted to local needs & priorities
- **VTT 1** single visit In-situ simulation training for one large or several smaller hospitals, target area of up to half a million - lasts a week

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- **VTT 2**- a bigger target area of up to a million – training the trainer model is used, lasts for two weeks and two return visits (one week each) are organised
 - **VTT 3** - larger target area of several million, training the trainer model for doctors, midwives, nurses, community health activists (ASHAs), data collectors & analysts, ambulance crews, supported by digital technology and In-situ simulation. Lasts for two weeks and two further visits, ongoing support and mentoring, add to the strength.
4. **Phase 2 – Programme Manuals and Good Practice Guide** will consist of several reference volumes covering all aspects of the project cycle starting with needs assessment, mobilisation of resources, covering training and ending with evaluation – supported by scientific evidence and international professional opinion. This is a valuable resource for implementation of Calmed and similar programme templates—many components are already available.

Network of Health Professionals - a valuable resource for development, implementation (VTT Training faculty), mentoring and ongoing support of training programmes built round professional expertise of a cadre of multinational senior health care professionals (some are Rotarians) who are volunteers and committed to developing and supporting this programme.

Digital Technology – adds value to improved training including in-situ simulation and delivery of health care, through cell phone-based Apps, videos, telemedicine link and distance learning to mention a few.

Partnerships – of Rotary Clubs, with other Clubs, Districts, Rotary Fellowships, Rotarian Action Groups, Governments, NGOs add strength and quality, and are important.

Women centred Care – is augmented through provision of low-cost ambulance if necessary (E-Ranger Bike) and training of frontline health workers in basic resuscitation of sick mothers and babies prior to transfer by ambulance. Tracking of sick mothers and babies from community to hospital delivery room is crucial for urgent action -it requires changes of mindset and behaviour.

5. **Key Messages – Call for Membership of Rotarian Action Group (Alliance) to Save Mothers and Babies** -an alliance of Rotarians, Professionals, Health Activists, Academics and others with the common interest to end preventable maternal and new born deaths.

Please complete an Application form, if you wish to join (Optional)- please write to drhbasumd@gmail.com

Rotarian Action Group (Alliance) will facilitate partnership arrangements by matching those planning to implement Calmed and similar programmes in their communities with those Rotarians who are able and eager to fund these/provide resources for effective projects in Maternal and Child Health (MCH).

The resources will include **Training Manuals for Trainers and Trainees**, guides, videos and other training materials.

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Calmed Founder and Programme Director

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TRF Cadre Coordinator, Maternal and Child Health

Medical Director RFPD; Past Chairman, Rotarian Doctors Fellowship

On behalf of members of the “Calmed” community (www.calmedrotary.org)