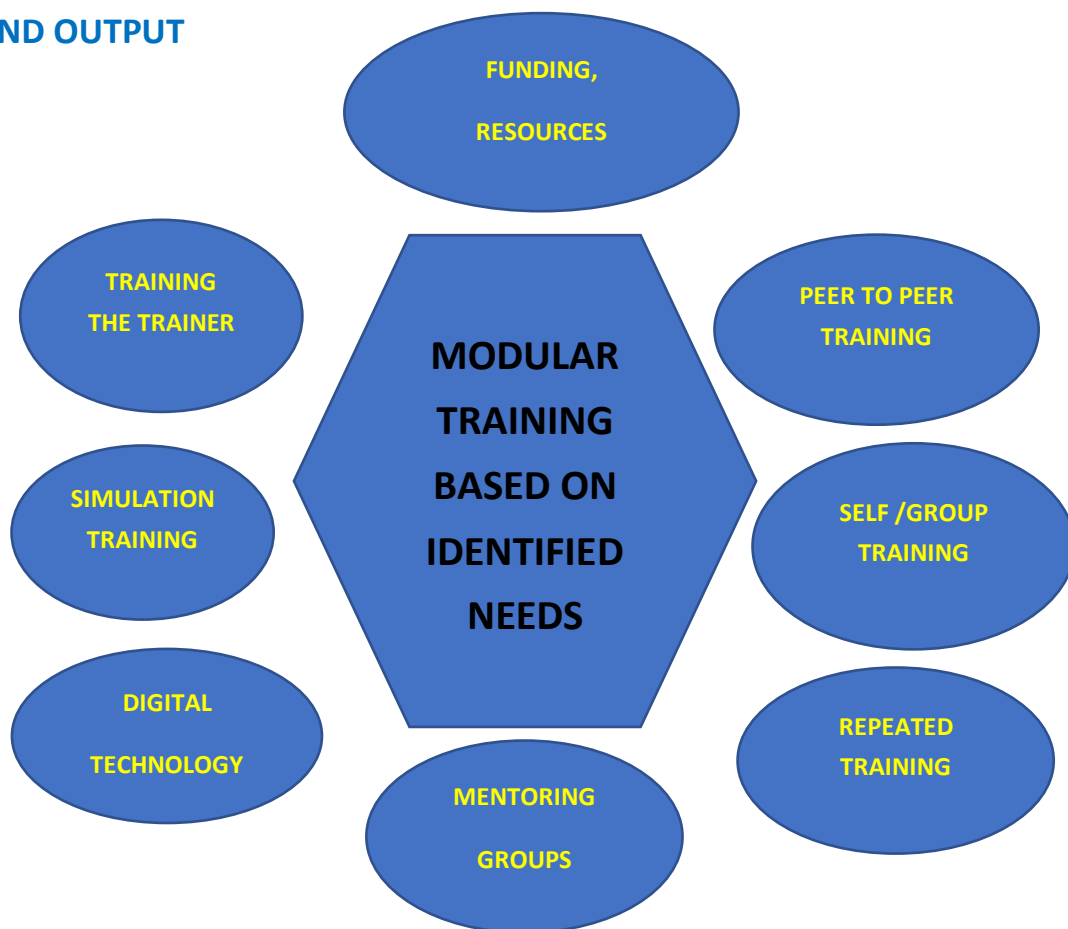


WHAT IS STRUCTURED TRAINING?

IT POWERS THE CALMED PROGRAMME FOR ELIMINATION OF PREVENTABLE MATERNAL DEATHS

THROUGH STRATEGIC TRAINING WHERE TRAINING MEETS PRACTICE

SUPPORTED BY A NUMBER OF TRAINING MODELS FOR ENHANCING IMPACT AND OUTPUT



HOW DOES “STRUCTURED TRAINING” WORK?

STRUCTURED VOCATIONAL TRAINING (BASED ON CALMED PROTOCOL AND PILOTED IN INDIA) IN

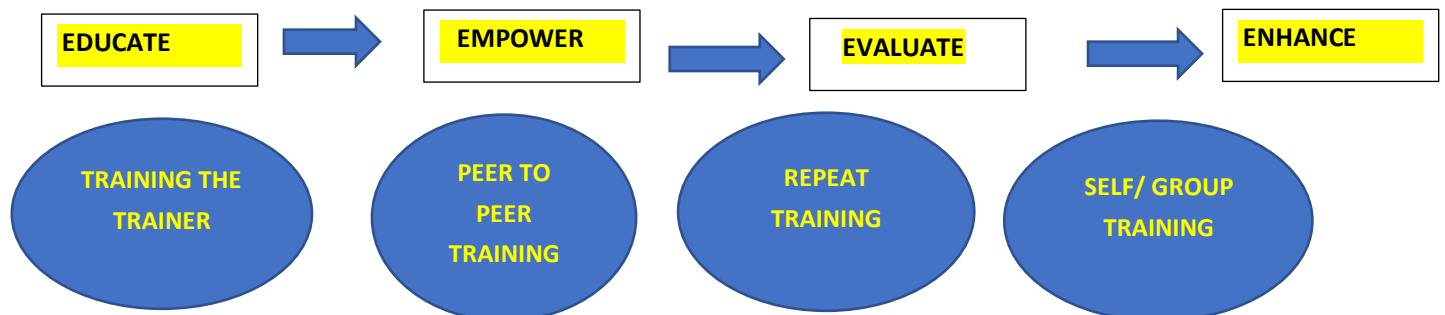
MANAGEMENT OF CHILDBIRTH EMERGENCIES & FAMILY SPACING

STRUCTURED TRAINING PROGRAMME STREAMS AND PARTICIPANTS



Guiding Principles:

STRUCTURED TRAINING



FOR ENHANCEMENT OF



Structured Training Packages:

- 1. Training and evaluation by** an experienced visiting Faculty, of local potential master trainers' knowledge, skills, behaviour and their ability to train others (**Training the Trainers**)- 5 days
- 2. Supervision and mentoring** of qualified master trainers who go on to train and retrain basic trainees (doctors and nurses) – 4 days
- 3. Peer to peer communication and training** (guided by mentors) - ongoing
- 4. Repeat Training by Master Trainers**– low volume, high frequency - 1 day each training stream
- 5. In-situ training** – skills training in hospital environment – 1 day each
- 6. Self-Training** – assisted by mentoring, simulators, digital technology ,distance learning /training - ongoing

Why Structured Training? – *relate to local needs and priorities: We train/empower /mentor*

individuals and groups (found deficient on needs assessment) to train, retrain/empower/support others in low resource settings -

Trainees include

1. Health care professionals (Doctors, Midwives, Nurses)-training in Emergency care of mother and new-born specially around childbirth
2. Community Health Activists – training in community awareness of pregnancy and childbirth related issues, including family spacing
3. Ambulance Crew – training in recognition of childbirth related emergencies and basic resuscitation before transfer of mother/baby to institutions
4. M.E.R.N. Managers – responsible for identifying and bridging gaps in emergency care
5. Health Administrators – training in data collection, review of maternal /child deaths (MPDSR) ,data management ,monitoring and reporting.
6. Pregnant women's Groups – training in elements of self-care and support, group antenatal care,KMC

Training Aids: High impact training aids are used for training, retraining, in-situ simulation

1. Low cost Simulators – Mama Natalie, Neo-Natalie, Mama Birthie, Mama U, Resusci. Anne and other simulators used In structured training
2. Pictorial Flip Charts
3. Training Films
4. Cell phone-based technology
5. Flash Drives
6. Tele Medicine (Optional)

Benefit/Output: Empowerment through

1. Improvement of knowledge and skills in delivering emergency care
2. Increased number of skilled health care workers
3. Behavioural changes -respect, recognition of the serious impact of delays in care of mothers and babies (needing emergency care) and action thereof
4. Raised community awareness of childbirth related issues
5. Development of Community ownership of the programme principles – Educate, Empower, Evaluate ,Enhance

Outcome of Pilots - In two pilot programmes (Sikkim and Bhuj, India) ,in 2014-18 , a team of 15 senior Doctors (Obstetricians and Gynaecologists) trained 39 local trainers to an international Master Trainer Standard. They cascaded the training and trained 165 doctors and nurses ,and 200 + community health workers (ASHAs). Training and retraining continue.

Further Pilot Programme in Meghalaya, India- Global Grant GG 1988385 is driving implementation of a 3 year CALMED programme ,

with enhancement in a number of areas (please visit calmedrotary.org) – 2020 to 2023

Respectfully submitted by Dr. Himansu Basu, on behalf of participants, collaborators and supporters of CALMED programme.

PDG Dr. Himansu Basu MD, PhD
MARCH 2020

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RI Global Networking Group Committee 2017-20

Medical Director, Rotarian Action Group on Population Development 2010-

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ABBREVIATIONS

ASHA – *Accredited Social Health Activists*

CALMED – Collaborative Action in Lowering of Maternity Encountered Deaths

MAST – Maternity Alliance for Structured Training (saving mothers and babies)

MCH – Maternal and Child Health

MERN – Maternity Emergency Response Network

MPDSR – Maternal Perinatal Deaths Surveillance and Response

TRF – The Rotary Foundation

VTT – Vocational Training Team